Mrs. Lucy Quebeck, Mechanic St., Hope Valley, R. I., says: "Eight years vere kidney trouble and my back began to sohe continually. Every day it seemed worse. The least pressure on my back tortured me, and I could not stoop with-

out a bad twinge. The kidney secretions passed irregu-larly with pain, and I bloated badly. My head swam and spots fitted before my eyes. One doctor said I was incurable. However, I found prompt re-lief when I started using Doan's Kidney Pills, and the troubles I have related gradually disappeared."

ter-Milburn Co., Buffalo, N. Y.

Act of Artemus Ward That Had Far Reaching Effect.

MADE ROACHES HIS FRIENDS.

George V. Kelcey, a veteran journal ist of Cleveland, remembers Artemus

Ward well. "Ward called on me," he said the other day, "the night before one of his panorama lecture. There were some three or four large roaches scurrying about my room, and they attract-

"'I am very fond of roaches,' he said. 'Once, in my own home, I found a roach struggling in a bowl of water. I took a half walnut shell and put him in it; it made a good boat; I gave him a couple of toothpicks for oars. Next morning I saw that he had fastened a hair to one of the toothpicks, and had evidently been fishing. Then, overcome with exhaustion, he had fallen asleep. The sight moved me. I took him out, washed him, gave him a spoonful of boiled egg, and let him go. That roach never forgot my kindness, and now my home is full of

BAD ITCHING HUMOR.

Limbs Below the Knees Were Raw-Feet Swollen-Sleep Broken-Cured in 2 Days by Cuticura.

"Some two months ago I had a humor break out on my limbs below my knees. They came to look like raw beefsteak, all red, and no one knows how they itched and burned. They were so swollen that I could not get shoes on for a week or more. I used five or six different remedies and got no help, only when applying them the barning was worse and the itching less. For two or three weeks the suffering was intense and during that time i did not sleep an hour at a time. Then one morning I tried a bit of Cuticura. From the moment it touched me the itching was gone and I have not telt a bit of it since. The swelling went down and in two days I had my shoes on and was about as usual. George B. Farley, 50 South State St., Concord, N. H., May 14, 1907."

ALPINE PERILS.



Disgust of Timson, who has been dodging his tailor for the l. st six months, when he suddenly comes upon him at the summit of a mountain in

When Disease Will Dicappear. At the reopening of a medical school in London recently Sir John Broadbent, in an address to the students, said that he looked forward "to some Utopian era when such diseases as influenza, pneumonia, measles, scarlet fever and the like will become more or less extinct as a result of proper ventilation of offices, shops, public buildings and private houses, and other sanitary measures, such as the avoidance of overcrowding, the abolition of children's parties and the habit of indiscriminate kissing. The last should not be a hardship," Sir John added, if we accept the schoolboy's definition of a kies: 'It is just putting your mouth to a person's cheek and drawing in your breath, so as to make a little noise, which is not bad, but it does nothing in the way of helping you to love the person."

Catarrh Cannot Be Cured with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription, it is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh, feed for testimonials, free.

Sold by Drumusta, price 76c. Sold by Druguista, price 75c. Take Hall's Family Pills for constipation.

Diversion in the Country.
"I visited E. R. Thomas and found him doing well after his motor accident," said a member of the Automobile Club of America. "Thomas, as ugual, railed against our bad roads. "He said that a friend who lived in

the country had been to see him. 'The country is all right in the summer,' Thomas admitted, 'but in the fall and winter don't you find it

"Dull?" said the other. 'No, indeed. Why, out our way some motor car or other gets stuck in the mud every night."

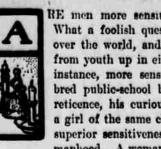
A New Aliment.

A Bouth side four-year-old was not so full of mischievousness as usual. "What is the matter, Ethel?" asked her mother. "Aren't you feeling well?" "No'm," replied the little miss. "I fink 'bere mus' be somefing wrong wif my liver and bacon."—Kansas

Woman's **Nature**

It Is Less Sensitive Than That of

By RAYMOND BLATEWAYT,



RE men more sensitive than women? Of course they are! What a foolish question! It is demonstrated every day, all over the world, and in a hundred different ways. And that from youth up in either sex. Is there anything on earth, for instance, more sensitive, more delicate-minded than a wellbred public-school boy of 14? Compare him, with his shy reticence, his curious sensitiveness, his innate modesty, with a girl of the same class of life and the same age. Nor is the superior sensitiveness of man in any way a reflection on his manhood. A woman's lack of sensitiveness is due often to innate obtuseness and phlegmatic stolidity of character.

A man's sensitiveness is a part of his finer organization, which renders his power of perception infinitely keener and more subtle than in the case of the majority of women, to whom the changes and chances of this mortal life come without mystery and depart without reflection on their

No wonder that Mahomet declared that woman was without a soul. Let us thank God all the more for her charming body.

At the same time feminine stolidity probably comes as a protection and a benefaction to women in the somewhat arduous role they are called upon to play through life. It has been well said that no man could ever go through the terrors of child-birth, and any riding-master will tell you that women "funk" far less than men, as a rule. That may be partly owing to the fact that they have less imagination, and therefore less fear of making themselves ridiculous. No man, for instance, could ever indulge in the vagaries of the modern suffragette. His sense of humor would preserve him from so undignified a career, in much the same way that his infinitely superior sense of honor renders a woman's petty meannesses incomprehensible and impossible to him.

Partly because the man's mind is essentially more refined his appreciation of what is refined is far keener, immeasurably more delicate. In social distinctions, for instance, a woman will frequently be more imposed upon by a flashy exterior than will a man, who knows intuitively when he is in the presence of a highly bred man. A woman, however wellbred herself, frequently does not.

A man's sympathy and tenderness of heart is often more easily aroused than a woman's. As a striking instance of this, Harry De Windt, the well-known explorer, told me once that he traveled for a thousand miles ever the enowy steppes of Siberia with a convoy of political exiles of both sexes, and he frequently saw men, after hearing an air sung which reminded them of their far-off Russian homes, burst into uncontrollable sobbing, while the women would stolidly, impassively, and complacently continue munching their kalatchi, or small loaves of bread, utterly unimpressed and unappealed to by the poignant pathos of the moment.

And yet who, after all, would have a woman different from what she actually is?

Godliness Pays Good Dividends

By REV. THOS. EDWARD BARR,

When a man turns to follow God he need not expect a change in the outward conditions of his life. He is still in the world, is subject to its laws and is part of its life. He must eat and sleep, labor and deny himself and take his share of all life about him-just as truly as before. He is not, because trying to live a godly life, set free from contingency. The unexpected may still disarrange his plans and blight his hopes and bring sorrow to his heart. He is not immune to earthly ills. Drought and storm and earthquake may take away his property, sickness may "You've heard she'll live at Benton's"

not always leave him untouched, though he is a son of God. He can not, because of his godliness, be sure of worldly prosperity.

His godliness will make him diligent and honest in the use of his talents. But godliness does not create business acumen and executive ability. Abiding large success with honor is the reward of the godly use of great business talents. In all these things the man of God is a part of the world and shares in its life as before.

The difference is in what his experience means to him and does for him. The godly man can not rest in a superficial view of life or be happy in a selfish use of it. He learns the emptiness of life without God, the folly of dishonest and disloyal courses. The object of this discipline is the effect upon the world—that part of it which belongs to each one. By this discipline, when patiently and cheerfully followed, the perturbed spirits of society are tranquillized. Security in service is the panacea for unrest, evil desire, fears, social disorders.

Thomas Edward Barr

Export Only **Finished Products**

By a Western Manufacturer.

Not only ought prudence to be used in the consumption of the country's natural products, but the possibility of a double saving lies in working up these raw materials and exporting the manufactured articles rather than the original iron or wood or other unfinished products.

Broadly stated, the proposition is this: When we were in new country and our industrial life was that of a colony it was quite feasible to export the riches that nature had treasured up on this continent, ads, and other cooking. It is much Our population has increased enormously and we must aim to get into a position where we can export labor instead of products.

Every child that is born in the country brings two hands with it, but its presence does not add to the stores of nature. When we export petroleum, lumber, iron and other materials, we are taking something from the wealth of the country.

In exporting highly finished products containing quality labor we are placing into the foreign markets the labor of our people that increases directly with every increase in population. I have heard professors of political economy in Germany say: "Let us buy our raw material abroad and export them in a highly finished state. We shall then gain a double advantage, the one in that we do not deplete our natural stores, and the other in this, that then our people will be able to rise to a higher standard of living, for those who do quality work are better paid."

Old English Hunting Society.

The Holcombe Hunt, under whose auspices the Edgeworth Agricultural society holds its twenty-first annual show, possessed a pack more than 400 years ago, Holcombe being the oldest hunting center in the kingdom. King James I., after resting at Houghton tower on his way to York, hunted with the Holcombe, and was so pleased with the sport that he granted to them the right to hunt so many days a week forever in the township of Quariton, which was part of the The Holcombe Hunt, under whose

| royal manor of Tottington. Carefully stowed away at Holcombe is an old huntsman horn which is 22 inches long and has been in possession of the hunt for more than 200 years.—Lon-

Right Enough.

Beott—They dramatize everything nowadays. I'll bet they'll soon be dramatising the ad. columns.

Mott—Well, why not; aren't the ad. columns the place for striking situa-



VER the door of a sec-ond-hand shop, The sign read: "Books for Sale"! Books old and new, books good and bad, Rhymes that are merry and stories sad, And many a tedious

To one on the lowest shelf I gave
More than a passing look;
The outside covers badly worn-And half the inside pages "Five Cents for This Cook Book."

A chronicle of better days, This worn-out book supplies: A thumb-mark here, a page turned there; Maybe, on "Wedding-Cake" a tear Dropped from a mother's eyes. Ah, not for us to scorn the tale
That cover worn confines;
Come home with me, thou battered book;
Those only on thy page may look—
Who read between the lines.

Bridget's Beatitudes.

Blessed is the curry-comb used for scaling fish; it is better than a knife, is it protects the hands.

Blessed is the dust bag made to fit over the broom to remove dust from the floors. For health's sake, this should be slightly dampened. Blessed are the tea leaves sprinkled

over the rugs and carpets before sweeping. They will look much fresher, and the clouds of dust are prevented by the dampness. Blessed is the vinegar which makes

tough meat tender. Lay the meat in a dish of it for an hour, turning occasionally, Blessed is the bread raised with yeast in the following proportion: Half

a cup of yeast, or a quarter of a cake, to one pint of liquid. Blessed is the corn popper used for toasting odds and ends of stale bread

which would otherwise be wasted. Blessed is the spoonful of salt added to the water in which are boiled eggs slightly cracked. The salt prevents the white from coming out.

Ham-Old English Style. Spread eight or ten slices of cold boiled ham with mustard and add a dash of cayenne pepper to each slice. In the baking dish put one tablespoon ful of butter and a third of a glassful of currant jelly: melt together, then put in enough slices of the ham to

BOARDIN' 'ROUND.

fill the dish; let it brown and serve



immediately.

SCHOOL'S begun at Scruggs' Station, Kids are workin' like tarnation For the teacher, Alice 'Cause, you know, she's boardin' 'round.

"And they say the boys most fight
To walk home with her at night; But the oldest Benton, Jim. Seems like she walks most with him.

"Where she likes it best. Most all winter, so they say.
Mis' Stone's home is handlest,
But Mis' Hubbard cooks the best.

lay hold upon him, or treachery rob his heart of its joy, and death will I can't see no reason why:

How that old place is run down!" "Pshaw! what for that does Alice care"

You plumb forget that Jim lives there!

A Word on "Goobers."

This is another name for peanuts, but it is familiarly heard only in the south, where it is in some sections the common name for our ordinary fruitstand variety of peanut.

The botanists call it the arachis, or earth-nut, and are "up a tree," to speak appropriately, to place its original habitat; for like many other extensively cultivated plants, the peanut has not been found in a truly wild state. Some have attempted to trace its way from China, and Japan, thence to India, and thence to Africa, but the weight of authority is in favor of accepting it as a native of Brazil. The nut has been largely cultivated in the United States, but it is only since 1866 that the crop has become of primary importance in the southern and eastern states. Tennessee, Virginia and the Carolinas produce the bulk of the peanut crop of the country.

The peanut contains from 40 to 50 per cent. of oil, clear, odorless, colorless, resembling olive oil in many respects, and having the property of resisting change under all ordinary exposure for a long time. It is used for lubricating, soap-making, and is even a good substitute for olive oil in salused to take the place of lard and butter. Well masticated, the peanut is of great hygienic value; it is, properly speaking, no nut at all, but a vegetable, since it matures its fruit underground, growing from one to two feet high, and straggling, trailing, much like the pea-vine. Peanut butter is an excellent spread for sandwiches, and may be bought already prepared, but it is cheaper, and just as good, if homemade, by this recipe:

Take freshly roasted nuts, put them 'hrough a meat-grinder until they are smooth and buttery, then add salt and cayenne pepper to taste. Add a little butter, if preferred, and beat until

Olive Barton Otroker.

"If Harry Niles could slide well," said Lajoie, "he'd be the most danger ous base runner in the big league. His natural speed and ability to get a quick start severely handicap a catcher; but somehow or other he seems to stop the moment he hits the turf. Often he misjudges the distance and dives too soon, stopping before he reaches the sack. It's a fault that can be easily corrected. When Niles does correct it, no one will lead him at base stealing."

PAIR OF MYSTERIES SOLVED.

Mr. MacSwilliger Now Knows the Fate of Old Trunks and Sult Cases.

"I used to wonder," said Mr. Mac-Swilliger, "what became of all the old leather trunks and suit cases and handbags and that sort of thing. Of course they must wear out and be thrown away, but you never saw an old leather trunk on the rubbish carts of the street cleaning department, did you?

"I never did, never; and still they must go somewhere; and I wondered where. Now I know, or I think I know. They go into meat ples and the stews and things that you get in boarding houses. I used to wonder where they got the beef that they put into these ples, it was so tough; but now I know. They buy these old leather trunks and cut 'em up into suitable sized chunks and make this leather beef up into meat pies.

"It is true that I never yet found in a boarding house meat ple or beef stew a trunk lock or a piece of a hinge or any rivets or corner clamps or other trunk hardware, but it isn't necessary for me to find these things in the pie to know; there's a whole lot of things that we may not be able to get any actual proof of that we know just the same are true, and this is one of them.

"I may not find any buckles or kers or casters in my meat pie, but I don't have to; I know what the meat in the ple is made of well enough to satisfy me, and this is to me a great, in fact, a double, satisfaction. I know now where the boarding house keepers get the meat for these ples, and I know also what becomes d. the old handbags, suit cases and leather trunks.

PLAN GREAT WARSHIP CANAL. If Bullt, Would Link North Sea with the Atlantic.

Of all the schemes put forward to help the unemployed, one of the most alluring is the proposal by the Glasgow corporation to construct, at a cost of \$50,000,000, a great battle-ship canal between the Forth and the Clyde, and thus to link up the North sea with the Atlantic. A modest canal joining the Forth and the Clyde already exists, and it formed in the mid-Victorian period one of the wonders of the British isles. It is 45 miles long, with a rise of 155 feet. When the railways began to dominate the country it was prophesied that no more canals would be necessary, but he prophets forgot that it would always pay ships to have their passage shortened, and since that prophecy was made many ship canals have come into existence.

Although the ancients knew the value of canals, they failed to hit on the simple device of the lock, which was not discovered till the fourteenth century. To this day the dispute has never been settled as to which country. Italy or Holland, is entitled to the credit of the invention.

The oldest canal in England was originally a Roman cutting-the Foss dyke-running its 11 miles from Lincoln to the Trent, near Torksey. Deepened in the time of King Henry I., it was allowed to decay until 1840, when the Edinburgh Stevensons both widened and deepened it.

Seeking Information. "To foin the society of psychic re search," answered the candidate, "to

see whether I have a ghost of a show. -Washington Star. "Whither away?" asked the campaign manager.

More Human Nature.

"Ther 17 mothers in the village mothers' club agreed to decide by ballot which had the handsomest

baby.

"Well, who wont it?" "Each kid got one vote."-Judge

The Welland Canal. The Welland canal, which connects Lake Erie and Lake Ontario, is 27 miles long. It was becaun in 1824 and completed in 1833. Its original dimensions have been greatly enlarged, and

there is now a depth of 14 feet. Money Getting. There is not enough money in the world to satisfy the greed of the mere money getter, and those who pursue riches for the sole purpose of personal enjoyment will never fully attain their ambition. But in the hands of those who devote it to its proper uses money affords a limitless field for happiness.-Kansas City Journal.

Not a Lover of the Sea. Samuel Johnson: Being in a ship is being in a fail with the chance of be-

LIVESTOCK MARKETS.

NATIONAL STOCK YARDS II.I.—
Estimated receipts were, 4500 cattle-12,000 hogs, 1,500 sheep. Cattle—Heef and butcher steers, 2,7506,002; helfers, 2,000 5,40; cows, 1,7504,50; bulls, 2,7504,50; caves and yearlings, 2,0007,25. Hogs—Packers and heavy, 5,500,500; butchers and shippers, 4,1505,500; bigs and throwsouts, 3,506,525; light shippers, 4,1505,500, Sheep—Lambs and yearlings, 3,506,550; muttons, 4,000,440; bucks, 2,2503,00.

CHICAGO—Cattle—Receipts estimated 3,000; market steady; steers 4,6008,00; cows 2,0005,25; heifers 2,5004,50; bulls, 2,7504,50; caives 2,0007,50; stockers and feeders 2,5004,85, hogs—Receipts estimated 35,000; market steady to strong; choice heavy shipping 5,500,500; butchers 5,7505,85; light mixed 5,2505,40; packing 5,4005,50; pigs 4,0004,775; bulk of sales 5,4005,75. Sheep—Receipts estimated 22,000; market steady sheep 4,000 5,25; lambs 5,2506,75; yearlings 4,250 5,75; lambs 5,2506,75; yearlings 4,250 5,75; kansas CITY—Cattle—Receipts 4,300

5.25; lambs 5.25@6.75; yearlings 4.25@5.75.
KANSAS CITY—Cattle—Receipts 4.300 including 300 southerns; market steady to weak; choice export and dressed beef steers 6.00@7.40; fair to good 4.50@6.00; western steers 3.75@5.50; stockers and feeders 3.00@4.55; southern cows 2.00@3.50; native cows 2.00@4.60; native heifers 3.00@6.00.
Hogs—Receipts 17.000; market steady to 5 lower; top 5.73; bulk of sales 5.20@5.75; heavy 5.60@5.75; packers and butchers 5.40@5.75; light 5.15@5.50; pigs 3.80@4.50.
Sheep—Receipts 6000; market steady and active; lambs 4.50@6.25; ewes and yearlings 4.00@4.75; western yearlings 4.25@5.25; western sheep. 3.75@4.60; stockers and feeders 2.50@4.25.

BREAKS A COLD PROMPTLY

The following formula is a never failing remedy for colds: One ounce of Compound Syrup of Sarsaparilla, one ounce Toris Com-pound and one-half pint of good whiskey, mix and shake thoroughly each time and use in doses of a tablespoonful every four hours.

This if followed up will cure an scute cold in 24 hours. The ingreflents can be gotten at any drug store.

At the Riding School. "Mount your horse on the left side." "Why? What difference does it make

"It's the rule." "But why should it be the rule?" "Because in the past horsemen wore swords. They wore them on the left hip. Hence, had they mounted on the right side, the sword would have got in the way. So they mounted on the left, and we still mount on the left. Horses are accustomed to it, and if you try to get up from the right you are liable to be kicked."

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy. Syrup of tigs and Livir of Sema which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment. mately upon proper nourishment, proper efforts, and right living generally. To get its beneficial effects, always

buy the genuine Syrup Figs Thixir & Senna CALIFORNIA FIG SYRUP CO. ONLY SOLD BY ALL LEADING DRUGGISTS one size only, regular price 50¢ per Bottle



If You Work Outdoors

Any cold you contract should be cured without delay, and driven entirely out of the system-unless you wish to in-vite an attack of Pleurisy or

Dr. D. Jayne's Expectorant

is known as the most successful preparation ever discovered for Colds, Coughs, Bronchitis, Inflammation of the Lungs or Chest, Pleurisy, Asthma and diseases of similar nature. This famous remedy has been dispensed for over 78 years, and is sold by all druggists, it three size bottles, \$1.00, 50c and 25c.

Dr. 7. Jayne's Tonic Vermio fuse is a splendid building-up tonic for systems weakened by Coughs or Colds.

SICK HEADAC

SMALL PILL. SMALL DOSE. SMALL PRICE. Genuine Must Bear

REFUSE SUBSTITUTES.

JUST DOUBLE



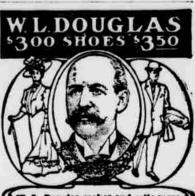
As further inducement to settlement of the wheat-raising lands of Western Canada, the Canadian Government has increased the area that may be taken by a homesteader to 320 acres—160 free and 160 to be purchased at \$3.00 per acre. These lands are in the grain-raising area, where mixed farming is also carried on with unqualified success. A railway will shortly be built to Hudson Bay, brings railway will shortly be built to Hudson Bay, bringing the world's markets a thousand naice nearer these wheat-fields, where schools and churches are convenient, climate excellent, railways close to all settlements, and local markets good.

"It would take time to assimilate the revela-

Lands may also be purchased from railway and land companies at low prices and on easy terms.

For pamphlets, maps and information as to low railway rates, apply to Superintendent of Immigration, Ottowa, Canada, or the authorized Canadian Government Agenti

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Don't be Operated On Travel every time. Write for particulars.

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A. N. K.-B (1908-49) 2259.



An aching back is instantly relieved by an application of Sloan's Liniment.

This liniment takes the place of massage and is better than sticky plasters. It penetrateswithout rubbing-through the skin and muscular tissue right to the bone, quickens the blood, relieves congestion, and gives permanent as well as temporary relief.

Sloan's iniment

has no equal as a remedy for Rheumatism, Neuralgia, or any pain or stiffness in the muscles or joints.

Price 25c., 50c., and \$1.00. Dr. Earl S. Sloan, Boston, Mass., U. S. A.

